

THANKING OUR

FRONTLINE

# **HEALTHCARE HEROES**

Healthcare professionals are in the trenches and on the front lines of COVID -19 war. They go into battle daily and if they're lucky they emerge unharmed, but more often not they carry emotional and physical battle scars. I'd like to thank the healthcare pros who run towards the line of danger as the rest of us retreat into the safety of our homes.

This was not a battle you signed up for, but it is one for which you're taking up arms and fighting regardless. You've chosen selflessness over self-preservation every time you step into your scrubs. Thank you for choosing to serve and care for those that might be afflicted with the COVID -19 virus, even though the act of caring for them puts yourself and loved ones at risk. With humble gratitude,





# **COVID-19 TIPS FOR DRIVING & TRAVELING SAFE**

Since 2004, Dori Saves Lives has made Public Safety our #1 priority by promoting safe driving and driver's education all over the state of Florida. In 2020, safe driving includes being mindful of new health threats like the Pandemic Coronavirus (Covid-19). Working with the expertise of medical experts, we've developed a basic list of tips to help keep you safe on the road during quarantine and beyond.

# Tip #1: Stock up

Fill your car with cleaning essentials like tissues, disinfectant wipes and hand sanitizer (make sure it's at least 70% alcohol!)



#### Tip #2: Disinfect Daily

Wipe hot spots like your center console, steering wheel & dashboard. Be careful not to use damaging bleach or ammonia-based cleaners



#### Tip #3: Face Covering

Per CDC guidelines, wear face masks and try to limit your travel and if possible, only travel with members of your own household



# Tip #4: Crack Windows

Open your car's windows to keep air flowing, especially before and after driving, since Coronavirus can live in the air for up to 3 hours



# Tip #5: Social Distancing

You can help reduce the spread of coronavirus by limiting the amount of passengers in your car:1 in the front, 1 in the back







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